

Gaeta Fleet & Family Support Center

Monthly Events

Website: www.nsa.naples.navy.mil/gaetaffsc

monday	tuesday	wednesday	thursday	friday
3	4	5 Latina	Latina & Latina	7
10	11 Cooking		13	
17	18	19	20	21
24	25	26	27	28
30	31		er III-albed	6



4,18 (0900-1100) -**Employment Opportunities in**

This class covers all local employment and volunteer opportunities.



4,11,18 Windshield Tour (1000-1200)

Tour includes sites in the Formia & Gaeta areas. Please call to reserve a space available seat after 0900.



5,12,19 Parent & Tot Playgroup (0915-1015)

Join us at the Community Center for an hour of tumbling fun and group discussions on various early childhood topics.



5 Smooth Move (0900 1200) Learn about your moving

allowances, household goods and utility closeout.



5 Intercultural Relations/ICR in Latina (0830 1600)

This classroom session covers Italian language, history, culture, customs, and shopping.



6 Sponsorship Training (0900

For assigned sponsors and volunteers. Learn how to make a newcomer start out right.



6 Trip to Rome/ICR departing from Latina (0800-1730)

This transportation oriented field trip is open to all those who have attended an ICR classroom session.



6 Intro to Excel (0900-1500)

The experienced user is led step by step through a powerful spreadsheet.



10,11,12,13 Pre-Separation Transition Assistance Program (0800-1600)

The pre-separation workshop covers Veteran's benefits and job search skills for your second career. Classes are open to all active duty and spouses.



lalian Cooking Class Cooking (0930-1330)

Enjoy, while learning how to prepare delicious Italian recipes at the IPSSAR Cooking School in Gianola, Formia. Fee of 25.000 Lire is to be paid upon registration.



12 Intercultural Relations/ICR (0830 1600)

This classroom session covers Italian language, history, culture, customs, and shopping.



12 Anger Management (1300-

Learn how to cope with things that cause anger.



13 Trip to Rome/ICR (0800-1730)

This transportation oriented field trip is open to all those who have attended an ICR classroom session.





13 Intro to Powerpoint (0900-

Learn to make presentations and flyers. Must be a Windows user.



14 Area Orientation (0830 -

Learn everything you need to know about setting up your home on the economy, and every day living in Italy. A windshield tour of the towns of Gaeta and Formia is included.



14 SPLIT MOUNTAIN TOUR -1430 - 1600

Learn about one of Gaeta's most beautiful legends. Meet on the Hill outside the post Office.



14 Married to the Military (0900-1230) This fun and informative workshop is for all

spouses new to military life. It will strengthen your knowledge of military benefits and services.



14 Coping with Holiday Stress (1300-1500)

Learn about effective ways to deal



19 Let's Go Shopping (0900-

Meet at the bottom of the Hill near Cafe' Chiar di Luna to visit the Gaeta market and learn to bargain and shop Italian-style.



20 Intro to Internet (0900-

1500) - Learn how to navigate the most popular browsers Explorer and Netscape.





